

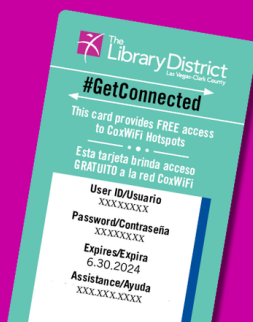
Online Databases and Resources

Visit our [Health & Wellness Resources](#) page for online resources. Access trustworthy websites, digital health journals, and educational platforms to delve into specific health conditions, explore alternative therapies, and access the latest medical research. Discover fitness, nutrition and cooking magazines, streaming music to fuel your workout, PLUS online classes about gardening, healthy dieting recipes, handling medical emergencies, and much more.

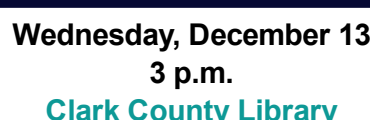
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Browse our event calendar to find a variety of upcoming programs and events, from support groups and workshops, to fitness classes, music therapy, and more. Search our [Event Calendar](#) and select Health & Wellness in the Event Type to see a list of all upcoming activities.



Seating in our venues is on a first-come, first-served basis and may be limited. Please visit our [website](#) for the most updated program information.



BROWSE OUR FULL EVENT CALENDAR HERE

THE MOB MUSEUM

For December only, library cardholders get \$5 off the already discounted Nevada residents' price! This discount is good for up to four tickets for this popular Downtown attraction. Just present your library card at the Mob Museum box office, and your tickets will cost just \$11.65 each for your four guests. Please Note: This offer cannot be combined with any other offers; is only available for general admission; and cannot be applied to the purchase of experiences, or food and beverages in The Underground Speakeasy. Plan your trip by visiting the [The Mob Museum website](#). Offer ends December 31, 2023.